Track: 2017-05-30 Monte Cimone — **Date: 02/06/2017**

Track: 2017-05-30 Monte Cimone	**IBP = 83 HKG**
Detected modality = HKG	
IBP index reliability= A	

Total length	9.764 Km
Analyzed distance	9.764 Km
Lineal distance	0.006 Km

Accumulated climb	659.38 m
Accumulated descent	660.41 m
Maximum height	2150.13 m
Minimal height	1544.98 m
Climb rate	13.1 %
Descent rate	14.65 %
Positive climb difference per	67.53 m
Negative descent difference per	67.64 m

Total time	3:51:23 h
Time in movement	3:06:55 h
Stopped time	0:44:28 h

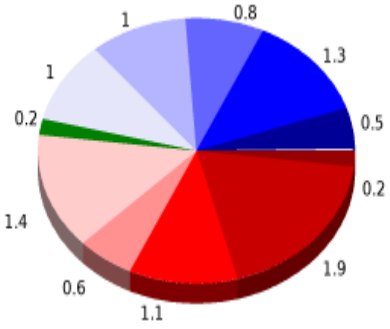
Total speed average	2.53 Km/h
Average speed in movement	3.13 Km/h
Maximum held speed	5.78 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	2137 (cad. 4.57 m)
Significant points	303 (cad. 32.33 m / 14.18 %)
Aberrant points	239 (11.18 % d. total)

Direction changes per	15.16
Direction changes >5º per	11.47
Accumulated straight stretches	1.261 Km
Straight stretches per	129.15 m
Penalizables slope changes	5
Penalizables slope changes per	0.512

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Summary of slopes

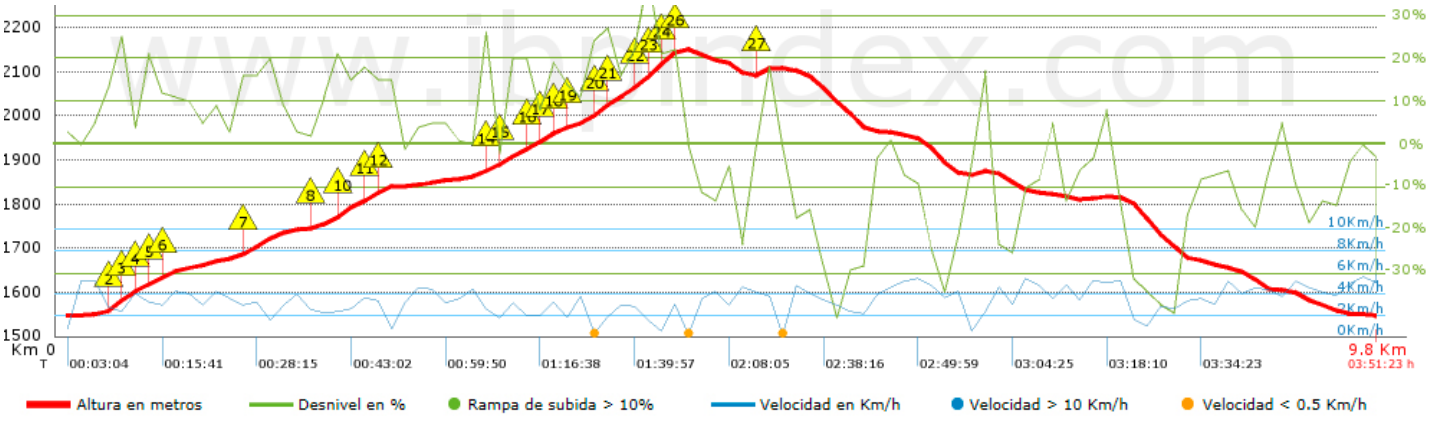


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.16	1.64	1.44	0:06:40
	Between 15 and 30%	1.913	19.59	2.53	0:45:27
	Between 10 and 15%	1.054	10.8	3.08	0:20:32
	Between 5 and 10%	0.553	5.66	3.35	0:09:55
	Between 1 and 5%	1.353	13.86	3.7	0:21:57
	Total :	5.034	51.55	2.89	1:44:31
	Plain				
	Difference of 1%	0.221	2.27	3.33	0:03:59
	Breakdown descents				
	Between 1 and 5%	0.953	9.76	3.73	0:15:20
	Between 5 and 10%	0.996	10.2	3.82	0:15:38
	Between 10 and 15%	0.76	7.78	3.65	0:12:29
	Between 15 and 30%	1.256	12.86	3.63	0:20:46
	Between 30% and 55%	0.545	5.58	2.3	0:14:12
	Total :	4.509	46.18	3.45	1:18:25
	Total track :	9.764	100 %	3.13	3:06:55

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
 1	0.327	13 %	29 m
 2	0.356	24 %	159 m
 3	0.515	11 %	98 m
 4	0.613	18 %	91 m
 5	0.704	18 %	98 m
 6	0.803	15 %	31 m
 7	1.344	18 %	277 m
 8	1.886	11 %	132 m
 9	2.018	21 %	94 m
 10	2.112	16 %	158 m
 11	2.27	20 %	92 m
 12	2.362	16 %	96 m
 13	3.145	26 %	32 m
 14	3.177	14 %	95 m
 15	3.272	19 %	186 m
 16	3.458	14 %	121 m
 17	3.579	19 %	127 m
 18	3.706	11 %	95 m
 19	3.801	13 %	126 m
 20	3.927	26 %	125 m
 21	4.051	17 %	195 m
 22	4.246	20 %	93 m
 23	4.339	33 %	126 m
 24	4.465	31 %	64 m
 25	4.529	22 %	31 m
 26	4.56	25 %	29 m

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27	5.158	17 %	98 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2000	1902.042	19.48	0:41:56	2.72	0:29:04	1:11:00	1.61
1750	4309.134	44.13	1:26:05	3	0:12:51	1:38:56	2.61
1500	3552.876	36.39	0:58:54	3.62	0:02:33	1:01:27	3.47
Total :	9.764 Km	100 %	3:06:55 h	3.13 Km/h	0:44:28 h	3:51:23 h	2.53 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
2.362	0:02:58	1825	0:46:42	0:46:42	2.362
3.927	0:06:31	1992	1:24:40	0:37:58	1.565
4.436	0:03:19	2110	1:46:13	0:21:33	0.509
4.59	0:08:32	2150	1:53:04	0:06:51 < 10´	0.154
5.318	0:17:13 > 10´	2107	2:16:31	0:23:27	0.729
6.693	0:03:22	1868	2:55:13	0:38:42	1.374
Total :	0:44:28 h				

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